

GBI Deutschland – Lovely Tauber and Altmühl Valley from the saddle



Through the lovely Tauber Valley and in the Altmühl Valley we discover the Franconia way of cycling. We visit great cities such as Rothenburg ob der Tauber, Kelheim or Regensburg in this unique Bavarian region, take a relaxed ride along rivers and rest in cozy beer gardens.

This bike tour is intended for everyone and is therefore also ideal for couples who want to travel together but have different ambitions and levels of ability. In the river valleys, the gradients are manageable, even if at the end of the day there are still a few meters in altitude. The more demanding track 2 also explores the Franconian mountain ranges, so that even more ambitious participants will get their money's worth. Look forward to a few days away from everyday life with the GBI.

The Global Biking Initiative (GBI) wants to show you the most interesting places in Europe the sportive way. We are proud of our international participants that make it easy for everybody to make new friends from other countries. Our main goal is a continuous support of charity projects worldwide. We achieve this by engaging the participants to raise funds that support charity projects in their home countries.

Tour highlights

- ✓ Succumb to the magic of the Tauber and Altmühl valleys
- ✓ Discover medieval Rothenburg ob der Tauber
- ✓ Enjoy the Franconian cuisine & centuries-old brewing tradition
- ✓ Accompany the Danube a bit on its way
- ✓ Explore the world cultural heritage Regensburg

At a glance

Date: 4 - 8 September 2023
 Duration: 5 days / 4 nights (4 cycling days)
 Event type: Guided charity cycling holiday
 Participants: min. 20, max. 33 cyclists
 Distance: approx. 380 km/2500 m climb (track 1) /
 approx. 520 km/4600 m climb (track 2)
 Participation fee (incl. half board): from 629,- €
 Single bedroom supplement: 150,- €
 Pre-Night: from 89,- €
 Bike transport: 50,- €
 Rental bike: 129,- € (roadbike)
 Minimum donation: 50,- €

Details & online registration: www.gbi-event.org

Services

- ✓ Accommodation in hand-picked hotels with breakfast and dinner
- ✓ Luggage transport from hotel to hotel
- ✓ Service car with bike repair toolset
- ✓ Pickup service
- ✓ Fast and easy online registration on our website
- ✓ Several cycling teams with different speed levels (min. 2 teams)
- ✓ Any kind of bicycle welcome (Roadbike, MTB, ATB, Pedelec, etc.)
- ✓ 2 different distances per day possible
- ✓ Team leads with GPS navigation
- ✓ GPX tracks for download
- ✓ Route information and daily news
- ✓ Personal support during the tour
- ✓ Nutrition point with energy bars, fruits and drinks every day
- ✓ GBI bike bottle
- ✓ Online photo service
- ✓ International participants
- ✓ Support of charity projects worldwide
- ✓ A lot of fun, unforgettable moments, great international and cross-cultural companionship, challenging moments and radiant eyes

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Day 1: Wertheim – Rothenburg ob der Tauber

On the first day of the tour we cycle through the Tauber Valley from its mouth in Wertheim up to Rothenburg ob der Tauber. We follow the Taubertal cycle path with many loops and turns.



Day 2: Rothenburg ob der Tauber – Weissenburg

We start the day with visiting the Altmühl spring at Hornauer Weiher, before we come across numerous medieval towns along the Altmühl Valley. After we have passed the Lake Altmühl, we turn away from the river to our today's destination in Weissenburg.

Day 3: Weissenburg – Beilngries

Probably the most spectacular part of the Altmühl Valley lies ahead of us today. The '12 Apostles' and many other imposing rock formations and castles high above the valley show us the way. On the route we

Route characteristics

The tour leads largely through river valleys. Only rarely some short climbs have to be cycled. Track 2 detours through the Franconian highlands and includes some challenging climbs and routes. Since the well-developed cycle paths on Tauber and Altmühl are not consistently asphalted, these sections are bypassed on roads. There may still be smaller non-asphalted sections, but they can be cycled even with road bike tires easily. If possible, the routes lead along minor roads and cycle paths. But it can also happen from time to time that we have to pedal on busy roads if there is no alternative available.

repeatedly (not only today) pass beautiful beer gardens, which make it difficult to continue cycling.

Day 4: Beilngries – Regensburg

After the last stretch along the Altmühl and the Ludwig-Danube Canal, which can still be seen partially, we meet the Danube near Kelheim. The Liberation Hall high above the city offers a great panoramic view after a short but challenging climb. We continue along the Danube to our final tour destination in the World Cultural Heritage city of Regensburg.



Day 5: Regensburg – Wertheim (departure, no cycling)

After breakfast, the bus takes us back to Wertheim, where everyone starts his or her individual journey home.

We cycle for charity

Each participant commits to raise a **minimum donation of € 50** to support a charity project in his or her home country.

Travel advice

Plane: to & from Frankfurt (FRA)

Train/bus: to Wertheim (e.g. via Würzburg)

Car: Arrival to the hotel/starting point on your own.
Long-term parking (charged public parking) available near the hotel