

GBI Europe – Milan to Munich



Several hundreds of ambitious charity cyclists will follow the call of the Global Biking Initiative and start their charity cycling from Milan over the Alps to Munich. The mixture of different languages, nationalities and cultures creates the unique GBI spirit and within a few days strangers become friends.

The Global Biking Initiative (GBI) wants to show you the most interesting places in Europe the sportive way. We are proud of our international participants that make it easy for everybody to make new friends from other countries. Our main goal is the continuous support of charity projects worldwide. We achieve this by engaging the participants to raise funds that support charity projects in their home countries.

Tour highlights

- ✓ Discover Milan, the fashion capital
- ✓ Pedal on perfectly maintained cycling paths along the river Adige
- ✓ Discover apples as far as you can see in 'Europes fruit garden' in South Tyrol
- ✓ Climb the Brenner Pass on two wheels
- ✓ Visit the Tyrol state capital Innsbruck
- ✓ Be charmed by the Bavarian hospitality
- ✓ Enjoy original White Sausages and Brezln in a cozy beer garden in Munich

At a glance

Date: June 30th – July 6th, 2019

Duration: 7 cycling days

Event type: guided charity cycling holiday

Participants: max. 400 cyclists

Distance: approx. 650 km (Track 1) / 800 km (Track 2)

Registration period: Dec. 1st, 2018 – March 31st, 2019

Participation fee: from € 349

Accommodation: from € 149

More services (e.g. pre-night, bike & bus transportation) available

Minimum donation: € 150-250 (depending on your country)

Details & online registration: www.gbi-event.org

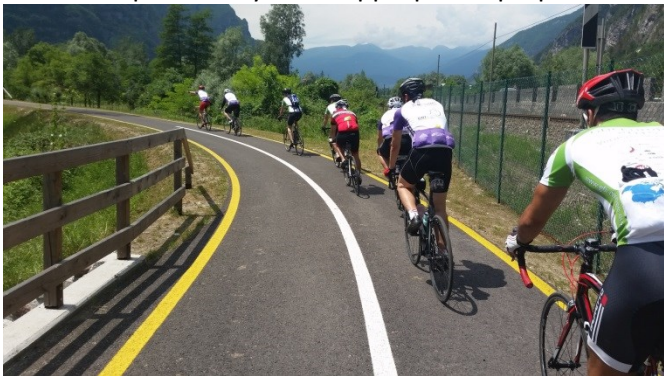
Included services

- ✓ Quick and easy online registration
- ✓ Luggage transport each day
- ✓ Service busses along the route for pick-up service
- ✓ Fast, intermediate & leisure speed groups to suit all abilities & preferences
- ✓ Experienced team leaders with GPS devices
- ✓ All kinds of bicycles are welcome (Roadbike, MTB, Touringbike, Pedelects, etc.)
- ✓ 2 different stage distances each day available
- ✓ GPX tracks of all days for download
- ✓ Official tour jersey & bike bottle
- ✓ Online media service
- ✓ Route information and daily news
- ✓ Detailed and up-to-date event information
- ✓ Nutrition points on each stage (with energy drinks, bars and fruits)
- ✓ Refreshments and barbecue for reasonable prices at the GBI Camp
- ✓ Technical bike support on all stages
- ✓ Medical support with mobile paramedics
- ✓ Physio support/sports massages
- ✓ Secured bike park
- ✓ Opening ceremony in Milan
- ✓ Closing event with music, refreshments & donation cheque handover
- ✓ A lot of fun, unforgettable moments, great international and cross-cultural companionship, challenging moments and radiant eyes

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After the opening ceremony and the obligatory team photo plenty of cycling teams start their tour individually. We cross the Po valley and always have the mountains in sight while we head towards Lake Garda. We pedal along the southern shore without much effort and turn to the north behind Lake Garda. The valley of the river Adige welcomes us with perfectly maintained cycling paths and we roll via Trento to Bozen. Extensive fields of apple trees are our steady companion on our way through South Tyrol. After leaving Bozen we turn to the Eisack valley that winds through a gorgeous mountain area, allowing great views every now and then. Behind Sterzing we have to climb the Brenner Pass, which is not very challenging with its 1375 m height and a moderate ascent. Ambitioned hobby cyclists can conquer this mountain pass easily with appropriate preparation.



Route characteristics

We mainly cycle on minor roads or well paved cycling paths without car traffic. In particular the cycling infrastructure in the Adige and Inn valley is exceptional. If unavoidable, we may cycle on major roads for a limited distance.

The Po valley and the southern area of Lake Garda is flat. While following the rivers Adige and Eisack upstream, we will face a slight ascent which will get a bit more challenging as closer we come to the Brenner Pass. On the way down to Innsbruck there is a steep descent.



North of the Brenner we rapidly descend to Innsbruck with some steep sections. Along the river Inn we pedal on cycling paths and with no climbs to Germany. On the last day we start cycling in teams as usual, but later that day the teams join the traditional group cycling for the last kilometers. At the tour finish in Munich a grand welcome party is celebrated and the cyclists can recall the last week and share memories with their team mates. The handover of the donation cheque and the announcement of the route for next years' GBI Europe tour are some highlights before the charity riders have to say 'Pfüad di' (Bavarian for goodbye) and start their journey back to home with lots of great impressions and many new friends from all over the world.

We cycle for charity

Every participant commits to raise a donation for a charity project in his home country. The minimum donation depends on your country and varies between € 150 – 250. For more details contact your country champion (www.gbi-event.org -> About us).

Travel information

Flight: international connections to Milan (Malpensa & Linate) as well as to Bergamo Airport

Train: connections to Milan main station

GBI bus service: from Düsseldorf to Milan and return from Munich to Düsseldorf with intermediate stops